



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GIVING BACK AND SUPPORTING OUR NEIGHBORS

Financial Assistance for You and Your Family



“When my three kids were very young, they went through a very difficult child abuse situation. We came to the Y pretty broken. At one point we were homeless and I lost one of my kids in a difficult court case. Through all of this though, I always saw the Y as a steady support for me and the boys. I knew I could always lean on the Y. They were able to give me the financial help I needed to keep my kids learning and growing in a healthy environment.”

As society faces many challenges, one thing remains certain: the Y is and always will be dedicated to building healthy, confident, connected, and secure children, adults, families, and communities.

We believe that we have a duty to try to help where help is needed. We believe that with support, resources and guidance, people can improve their own lives and the lives of others. We believe we are part of a global community with global responsibilities.

As a leading nonprofit partner throughout the country, the Y has the track record and on-the-ground presence to move communities forward, just as we do here in San Diego County. As a charity, we work every day to address community needs and ensure that all are welcome and that no one is turned away for an inability to pay.

The Y’s financial assistance program, supported in part by our Annual Giving Campaign, uses all of our available resources to provide financial support to those in need because we believe everyone should have the opportunity to discover who they are and what they can achieve.

If you need help, we are here for you.

At the Y, strengthening community is our cause. Every day we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

What is financial assistance?

Financial assistance offers you and your family the ability to participate as a Y member(s) and/or program participant(s) at reduced rates.

How do I qualify?

Submit the completed financial assistance application as well as the requested support documents to the member services staff at your YMCA. To determine the amount of your financial assistance, we use a sliding-fee scale based on your total household income and number of dependents. We will review the documents and notify you of your approval within three business days. Your information will be kept confidential. If you have questions or require additional clarification regarding the application process, please contact our Membership Director.

Is it possible to join the Y for free?

We ask that you pay a portion of the fees because we believe a strong sense of ownership and pride is developed through your investment.

How long will I receive financial assistance?

As long as you need it. We review financial assistance at the time of your application and every year that you request assistance.

Is financial assistance available at every Y branch in San Diego?

Yes, each branch offers financial assistance but it is not transferable to another Y.

THE YMCA OF SAN DIEGO COUNTY IS DEDICATED TO IMPROVING THE QUALITY OF HUMAN LIFE AND TO HELPING ALL PEOPLE REALIZE THEIR FULLEST POTENTIAL AS CHILDREN OF GOD THROUGH THE DEVELOPMENT OF THE SPIRIT, MIND AND BODY.



YMCA OF SAN DIEGO COUNTY

3708 Ruffin Road . San Diego CA 92123

858 292 9622

[**ymca.org**](http://ymca.org)

DOCUMENTATION NEEDED:

- 1040 TAX RETURN
- 2 CURRENT PAY STUBS
- DISABILITY DOCUMENT
- SUPPLEMENTAL SECURITY INCOME (SSI) DOCUMENT