



Youth Sports

Parent/Player Handbook

Our Mission Statement

The Peninsula Family YMCA is dedicated to improving the quality of human life and to helping all people realize their fullest potential as children of God through the development of the spirit, mind and body.

Our Program Objectives

- 1) To teach and enforce the Y Core Values through sports programming, taking positive lessons learned in sports into life.
- 2) To create a safe and fun environment where players and families build community through team experiences.
- 3) To engage and empower volunteers who provide support and guidance in our "Areas of Focus": Youth Development, Healthy Living, and Social Responsibility.

Peninsula YMCA Rules

Rules per league and division are as true to the spirit of the game as possible. Some modifications to rules may have been made to help the player experience (success or safety).

Playing time

Players will play at least half the game. Coaches will be trained on how our Y does this and referee's will help facilitate this through various systems we have in place.

Player development

It is our hope that players are not only successful on the court, but in life as well.

Season breakdown

The season consists of 8 games and 1 practice a week (to be determined by our volunteer coach's availability). You will receive game schedule from coach during first practice.

Equipment and attire

Jerseys will be provided at the first game. They are your child's to keep. In an effort to have a more uniform league, please wear black shorts on game days. Mouth guards and appropriate footwear are highly encouraged.

Referees

The referees may occasionally stop play for instructional purposes, and will subjectively make allowances based on player's ability, for violations. All decisions made by the referee are final and indisputable.

Community Development

We need your help! We are looking for committed parents who would like to get involved in a positive and rewarding sports program. You can make a difference! Help the YMCA to fulfill its mission.